



MEADOW MILLS

at WHITNEY CENTER

Top Signs It's Time for Memory Care for Your Loved One

(Check all that apply.)

- ☐ Increased forgetfulness.
- ☐ Burden on caregiver. Increased stress and fatigue.
- ☐ Unawareness of time.
- ☐ Accidents, falls, minor car scrapes, getting lost.
- ☐ Forgetting names, paying bills, or missing appointments
- ☐ Diminished personal hygiene and housekeeping.
- ☐ Personal health. Forgetting to take medication or not remembering physician's instructions.
- ☐ Introversion and retreat from social activities.
- ☐ Dramatic mood change. Aggressive behavior and language.

While any of these symptoms when they occur in infrequent or isolated instances alone might not be cause for alarm, when they form a pattern, it's time to research some options.

For over 45 years, **Meadow Mills at Whitney Center** has been dedicated to enhancing the lives of individuals, families, and friends living with memory-related changes in the New Haven area. Unlike other communities, *Memory Care isn't just a part of what we do, it's all we do.*

Each of our memory care neighborhoods welcomes no more than 15 residents, allowing for optimal engagement, support and personalized attention while our team and programming provides our residents unique opportunities to thrive.



Call us today at 203-848-2222
or visit MeadowMills.org to learn more.

153 Leeder Hill Drive | Hamden, CT 06517

